

METHOD FOR SKIN/SURFACE ABRASION

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Background of the Invention

Field of the Invention

This invention relates generally to skin or surface abrasion apparatus and methods,
10 and more specifically to semi-automatic handpieces used in dermabrasion.

Discussion of the Prior Art

It is often desirable to abrade the outer layer or epidermis of the skin in order to
smooth or blend scars, or blemishes caused by acne for example. The techniques
15 employed have been separated generally into two fields referred to as dermabrasion and
microdermabrasion. With microdermabrasion, a sand or grit is carried by an airflow that is
directed against the skin. The momentum of the grit tends to wear away two to three cell
layers of the skin with each pass of a handpiece.

Dermabrasion refers generally to the mechanical movement of an abrasive element
20 against the skin. A handpiece is employed which may include a pneumatic or electric
motor which drives the abrasive element typically in the form of a burr, wheel, or disk. This
process tends to be relatively painful and messy.

Dermabrasion has also been accomplished using a semi-automatic handpiece
having a grit fixed to its outer surface. The handpiece is then moved over the skin causing
25 the grit to abrade the cell layers. Suction has been applied to the semi-automatic
handpiece through a hole which extends to the outer surface carrying the grit. As the skin
is drawn into the hole, it is also pulled against the grit surrounding the hole on the outer
surface of the handpiece. This is also a fairly messy procedure since the abrasion takes
place outside of the handpiece. In this device, no attempt has been made to use the
30 suction to remove the debris.

Summary of the invention

In accordance with the present invention, a semi-automatic handpiece is disclosed
which uses suction to clear the debris from the operative site. Suction is applied to the
handpiece to draw skin through a hole and into the handpiece. Within the handpiece, this

skin extending through the hole is drawn onto an abrasive surface. As the handpiece is moved over the skin, progressive areas of the skin are drawn into the handpiece and abraded. This suction also creates a seal with the outer edges of the hole so debris abraded from the skin interiorly of the handpiece can be drawn away by the suction.

5 The abrasive element within the handpiece can be made disposable so that a new abrasion element is available for each reuse of the handpiece. A set of abrasive elements can be provided with different abrasion characteristics to provide for coarse and fine adjustments in the process. The handpiece can be formed with a housing having a body and a cap removable from the body to access the abrasive element.

10 In one aspect of the invention a dermabrasion handpiece is adapted for use in abrading the skin of a patient. The handpiece includes a housing extending along an axis between a proximal end and a distal end. Portions of the housing define a hole at the distal end of the handpiece. An abrasion element is disposed in the housing in proximity to the hole. The housing is adapted for connection to a vacuum source so that, in operation, a portion of the skin is drawn through the hole and moved into contact with the abrasion element. Movement of the handpiece relative to the skin abrades tissue from the skin portion extend through the hole.

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In another aspect of the invention, a method for abrading the skin of the patient includes the step of providing a handpiece with a hole and moving a portion of the skin through the hole and into the handpiece. Ultimately, the skin portion moved through the hole of the handpiece is abraded within the handpiece.

20 In a further aspect of the invention a method for operating a skin abrader includes the steps of providing a housing with a base and a cap separable to provide access to an abrasion element within the housing. A series of abrasion elements is provided, each 25 having different abrasion characteristics. From this series, a particular one of the elements can be chosen for the specific abrasion characteristics described. The cap is removed from the base and the chosen element is mounted within the cap or the base. The cap is then replaced on the base with the abrasion element disposed in the housing.

Description of the Drawings

30 Fig. 1 is a schematic view of a dermabrader including a console and a handpiece associated with the present invention;

Fig. 2 is a exploded perspective view of one embodiment of the handpiece of the present invention;

Fig. 3 is an axial cross-section view of the handpiece operatively disposed relative to the skin of a patient;

5 Fig. 4 is a perspective view of a further embodiment of the handpiece of the present invention;

Fig. 5 is an exploded view of a further embodiment of the handpiece of the present invention;

Fig. 6 is an axial cross-section view taken along lines 6-6 of Fig. 5;

10 Fig. 7 is a perspective view of another embodiment of the handpiece of the present invention;

Fig. 8 is a cross-sectional view taken along lines 8-8 of Fig. 7; and

Fig. 9 is a cross-sectional view similar to Fig. 8 and illustrating a further embodiment of the handpiece of the present invention

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Description of Preferred Embodiments and Best Mode of the Invention

A dermabrader is illustrated in Figure 1 and designated by the reference numeral 10.

The dermabrader 10 includes a console 12, and a handpiece 14 connectable to the console 12 through a vacuum tube 16 having an inline filter 18. The console 12 in this case is powered by a 12 volt transformer 21 and includes a power switch 23 and a vacuum adjustment 25. Releasable connectors are provided at a vacuum port 27 and a pressure port 30 discussed in greater detail below.

The handpiece 14, which is shown in the exploded view of Figure 2, includes a housing 32 which in this embodiment is formed by base 34 and a cap 36 having an opening 37. The base 34 has a central channel 38 extending between a proximal end 41 and a distal end 43. At the proximal end 41, the channel 38 is coupled to the vacuum tube 16; at the distal end 43, the cap 36 is attached to the base 34 in a snap-fit relationship. This configuration is facilitated by provision of an O-ring 45 at the distal end 43.

Of particular interest to the present invention is an abrasive disc or element 47 which is disposed between the cap 36 and the base 34. In this embodiment, the element 47 includes a laminate having an abrasive layer 50 and a resilient layer 52. The abrasive layer 50 includes an abrasive grit 54 adhered to a backing 56 which may be porous. The

resilient layer 52 in this embodiment is formed a resilient sponge material. In practice, the abrasive element 47 may be provided as a series of elements having a similar construction but differing in the size of the grit 54 and hence the abrasive characteristics of each element 47. In Figure 2, these alternative elements that provide different abrasion

5 characteristics are designated by the reference numerals 58 and 61.

An assembled view of the handpiece 14 is illustrated in Figure 3. In this cross-sectional view, the handpiece 14 illustrated to be operatively disposed relative to skin 63 of a patient. With this disposition of the handpiece 14, vacuum can be applied by the console 10 12 (Fig. 1) to the tube 16 and through the channel 38 to the distal end 43 of the base 34. At this point, the vacuum provides suction around and/or through the abrasive disk or element 47 to the opening 37 in the cap 36. When this opening 37 in the handpiece 14 is brought into proximity with the skin 63, a portion of the skin, designated by the reference numeral 65, is drawn through the opening 37 and into abrasive contact with the disk or 15 element 47. It is of particular interest that abrasion occurs only with respect to the skin portion 65 which is drawn through the opening 37. This insures that any debris resulting from the abrasion is exposed to the vacuum and drawn off into the channel 38 and vacuum tube 16.

20 In this embodiment abrasion occurs not simply due to contact between the skin portion 65 and the abrasive element 47, but due to the relevant movement of the skin portion 65 and the element 47 as the handpiece 14 is moved over the skin 63. Thus, progressive portions of the skin 63 are drawn into abrasive contact with the element 47 as the handpiece 14 is moved relative to the surface or skin 63.

25 In a particular embodiment, the abrasive layer 50 may be fixed and rigid relative to the cap 36 and the base 34. This orientation tends to produce abrasion that is dependent only upon the force applied to the handpiece 14 by the user. In order to create a more uniform pressure, and therefore more uniform abrasion, a preferred embodiment includes 30 the layer 52 which provides a flexible backing and hence more resilient characteristics for the abrasion layer 50. In Figure 3, the abrasive disk or element 47 differs from that previously discussed in that it includes a second abrasive layer 67 on the opposite side of

the resilient layer 52. With this configuration, the pad can be reversed to provide a new abrasive surface with the same size of grit, or alternatively to provide an abrasive surface which has a different size of grit.

5 An additional embodiment of the invention is illustrated in Figure 4 where elements of similar structure are designated by the same reference numeral followed by the lower case letter "a". Thus, the handpiece 14a is coupled to the vacuum tube 16a. However, in this case, the handpiece 14a has a base 34a and a head 70 which are integrally molded, perhaps from plastic. The head 70 includes an opening 37a which in this embodiment has
10 a rectangular configuration. An abrasive surface is provided by the abrasive element 47a which also has a rectangular configuration. The element 47a in this case can be glued on or snapped into the head 70.

A further embodiment of the invention is illustrated in Figure 5 wherein elements of
15 similar structure are designated by the same reference numeral followed by the lower case letter "b". Thus, this embodiment includes a base 34b defining a channel 38b which is in fluid communication with the vacuum tube 16b. In this case, the base 34b also defines a second channel 72 which is spaced from the channel 38b. The channel 72 is adapted for connection to the pressure tube 74 which is illustrated in Figure 5 and also in the system
20 view of Figure 1.

The cap 36b includes a septum 76 which divides the cap 36b into two chambers, an abrasion chamber 78 communicating with the vacuum channel 38b, and a chemical chamber 81 having an opening 82 and communicating with the pressure channel 72.
25 Disposed within the abrasion chamber 78 is the abrasion element 47b previously discussed. In the chemical chamber 81, a sponge or pad 83 can be impregnated with a chemical such as vitamin C or vitamin A. In this embodiment, the cap 36b can be snap-fit to the base 34b in the manner previously discussed or attached with a bayonet fitting 85. Both the pad 83 and abrasive element 37b could be combined in a single disposable
30 element.

A cross-section view of the embodiment of Figure 5 is illustrated in Figure 6. In operation, the vacuum tube 16b, channel 38b, opening 37b, and abrasive element 47b function in the manner previously disclosed. However in this embodiment, pressurized air is introduced into the tube 72 and the chemical chamber 81 to force any chemical 5 impregnated in the sponge 83 outwardly through the opening 82. This ensures that the chemical, such as vitamin A or vitamin C, is introduced onto the abraded area of the skin.

Further embodiments of the invention are illustrated in Figures 7-9 wherein abrasive elements are discussed which move relative to the handpiece. In the embodiment of 10 Figures 7 & 8, elements of structure similar to those previously disclosed are designated with the same reference numeral followed by the lower case letter "c". Similarly, in the embodiment of Figure 9, these structural elements are followed by the lower case letter "d".

Referring to the embodiment of Figure 7, the cap 36c includes a skirt 87 and a 15 projection 90 which extends to the opening 37c. The skirt 87 can provide a snap-fit, screw, or bayonet attachment to the base 34 (Figure 2). The opening 37c in the projection 90 is longitudinal in configuration to provide the greatest exposure to a longitudinal abrasion element which is supported on a shaft 92 which is fixed at its ends to the projection 90. The abrasion element 47c in this case is provided in the form of a blade 94 best illustrated 20 in the cross-section view of Figure 8. As noted, the blade 94 is pivotal with or on the shaft 92 relative to the cap 36c. The blade 94 may oscillate under the power of the vacuum or pressurized air. Alternatively, the blade 94 may be moveable by mere contact with the skin 63 between terminal positions shown by the lines 96 and 98 in Figure 8. In this embodiment, the blade 94 functions as a scraper as it is drawn along the skin 63 (Figure 3).

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In the embodiment of Figure 9, an abrasive wheel 100 is mounted on the shaft 92. The wheel 100 may be fixed to the projection 90 so that it does not move relative to the skin 63 (Figure 3) but rather is stationary and therefore abrasive to the skin 63. The wheel 100 can be indexed however to expose different portions of the wheel 100 so that a new 30 abrasive surface faces the opening 37c as the wheel is indexed.

Alternatively, the wheel 100 can be rotated under the power of the vacuum or pressurized air from the console 12 (Figure 1) which might be applied, for example, to an impeller (not shown) associated with the roller 100.